

Use Feng Shui To Enhance Your Thanksgiving Feast

You can use [Feng Shui](#) to create a complete sensory experience for your Thanksgiving guests even before they walk in the door. Make sure the path to your home and the entrance is well-lighted, open and inviting. This welcomes guests, as well as prosperity and abundance, into your home.

Make sure the path to your home and [the entrance](#) is illuminated. Bells on the door will greet guests with a cheerful chime. Consider all five senses as you use these additional Feng Shui tips to inspire a festive mood in your home this Thanksgiving.

Before Dinner

When guests arrive, they will be greeted by the aroma of comfort foods. Offer them a beverage and snacks, such as an arrangement of nuts and other seasonal treats. Create color balance in your display of food to enhance guests' appetites. For instance, serve beige or off-white foods in brightly-colored, festive bowls, and arrange a vegetable tray with an assortment of peppers, broccoli, cauliflower, carrots and celery to present a range of colors.

Thanksgiving Dinner

Pay careful attention to the seating arrangement. A round table, with no beginning and no end, is best, but don't worry if your table is rectangular. Position it so everyone has enough space to sit. You don't want guests pushed into a corner or feeling trapped.

Glance around the room and consider each seat. Is a buffet table or china cabinet with sharp corners pointing directly at a guest? Corners create "poison arrows" known as Sha Chi or "killing energy." In the short term, these could make the person sitting in their path feel uncomfortable. You can drape live greenery across a sharp corner to lessen the negative energy.

Arrange chairs so that no one has his back to the door. You can move the table out into the center of the room if necessary. The host should sit in the command position, which is at an angle from the entrance into the room. This position allows the host to see the door but not be directly in line with it.

Positive Energy at the Table

Unscented votive candles placed around the table create a sense of warmth and joy. A lively centerpiece of fresh flowers, pumpkins, gourds and fruit activates the energy at the table. A creative arrangement will also spark conversation. Make sure centerpieces are low to the table so they don't block your guests' view of each other and inhibit conversation.

Hanging a mirror on the wall next to the table "multiplies" your feast, encouraging abundance in the year ahead. Serve a unique dish that has significance within your family. You can also ask your guests to bring one of their own "signature" dishes and share the recipe with everyone.

Enhance the atmosphere with fun holiday music or a playlist of your guests' favorite songs. Keep music low so it doesn't interfere with conversation.

After-Dinner Activities

It's okay if everyone wants to retire to the living room and watch the football game, but consider other social activities you can enjoy while the game plays in the background. Play a board game or put together a puzzle. Remember to snap lots of photos and share them with your guests after the event.

Why not start a tradition of taking a walk outside to appreciate the scenery and the cool autumn air? After all, the practice of Feng Shui teaches us to celebrate our environment, both natural and manmade.

About the Author

The author of this article has great experience with the effects of Feng Shui. He has well described the importance of illuminating [the entrance](#) of every home. The author seems to be an expert in [Feng Shui](#).